

March

Deanwood Aquatic Center
202-671-3078
1350 49th ST NE
Washington, DC 20019

MOVE • GROW • BE GREEN with  **DPR**
DEPARTMENT OF PARKS AND RECREATION

Please visit dpr.dc.gov for more information

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28 <u>Hours of Operation</u> 6:30am-8pm(Mon-Fri) 9am-5pm(Sat-Sun)	29	1	2	3	4	5
6	7 9-9:45am Senior W.A. 10-10:30 Senior L2S Lvl 1 10:45-11:15 Senior L2S Lvl 2 6-6:30pm Adult L2S Lvl 1 6:30-7pm Adult L2S Lvl 2 6:30-7:30p WA Abs&Glutes 7-7:45am Adult L2S Lvl 3	26 8:30-9:15am Senior W.A. 5-5:30pm Child L2S Lvl 1 5:30-6pm Child L2S Lvl 2 6-6:45pm Child L2S Lvl 3 6:30-7:30pm Aqua Zumba	9 9-9:45am Senior W.A. 10-10:30 Senior L2S Lvl 1 10:45-11:15 Senior L2S Lvl 2 6-6:30pm Adult L2S Lvl 1 6:30-7pm Adult L2S Lvl 2 6:30-7:30p WA Abs&Glutes 7-7:45am Adult L2S Lvl 3	10 8:30-9:15am Senior W.A. 5-5:30pm Child L2S Lvl 1 5:30-6pm Child L2S Lvl 2 6-6:45pm Child L2S Lvl 3 6:30-7:30pm Aqua Zumba	11 9-9:45am Senior W.A.	12
13	14 9-9:45am Senior W.A. 10-10:30 Senior L2S Lvl 1 10:45-11:15 Senior L2S Lvl 2 6-6:30pm Adult L2S Lvl 1 6:30-7pm Adult L2S Lvl 2 6:30-7:30p WA Abs&Glutes 7-7:45am Adult L2S Lvl 3	15 8:30-9:15am Senior W.A. 5-5:30pm Child L2S Lvl 1 5:30-6pm Child L2S Lvl 2 6-6:45pm Child L2S Lvl 3 6:30-7:30pm Aqua Zumba	16 9-9:45am Senior W.A. 10-10:30 Senior L2S Lvl 1 10:45-11:15 Senior L2S Lvl 2 6-6:30pm Adult L2S Lvl 1 6:30-7pm Adult L2S Lvl 2 6:30-7:30p WA Abs&Glutes 7-7:45am Adult L2S Lvl 3	17 8:30-9:15am Senior W.A. 5-5:30pm Child L2S Lvl 1 5:30-6pm Child L2S Lvl 2 6-6:45pm Child L2S Lvl 3 6:30-7:30pm Aqua Zumba	18 9-9:45am Senior W.A. 6-6:45pm WA: BLT	19 9:30-10 am P&C A 10:15-10:45am P&C B 11-11:30am Preschool Aquatics Lvl 1
20	21 9-9:45am Senior W.A. 10-10:30 Senior L2S Lvl 1 10:45-11:15 Senior L2S Lvl 2 6-6:30pm Adult L2S Lvl 1 6:30-7pm Adult L2S Lvl 2 6:30-7:30p WA Abs&Glutes 7-7:45am Adult L2S Lvl 3	22 8:30-9:15am Senior W.A. 5-5:30pm Child L2S Lvl 1 5:30-6pm Child L2S Lvl 2 6-6:45pm Child L2S Lvl 3 6:30-7:30pm Aqua Zumba	23 9-9:45am Senior W.A. 10-10:30 Senior L2S Lvl 1 10:45-11:15 Senior L2S Lvl 2 6-6:30pm Adult L2S Lvl 1 6:30-7pm Adult L2S Lvl 2 6:30-7:30p WA Abs&Glutes 7-7:45am Adult L2S Lvl 3	24 8:30-9:15am Senior W.A. 5-5:30pm Child L2S Lvl 1 5:30-6pm Child L2S Lvl 2 6-6:45pm Child L2S Lvl 3 6:30-7:30pm Aqua Zumba	25 9-9:45am Senior W.A. 6-6:45pm WA: BLT	26 9:30-10 am P&C A 10:15-10:45am P&C B 11-11:30am Preschool Aquatics Lvl 1
27	28 9-9:45am Senior W.A. 10-10:30 Senior L2S Lvl 1 10:45-11:15 Senior L2S Lvl 2 6-6:30pm Adult L2S Lvl 1 6:30-7pm Adult L2S Lvl 2 6:30-7:30p WA Abs&Glutes 7-7:45am Adult L2S Lvl 3	29 8:30-9:15am Senior W.A. 5-5:30pm Child L2S Lvl 1 5:30-6pm Child L2S Lvl 2 6-6:45pm Child L2S Lvl 3 6:30-7:30pm Aqua Zumba	30 9-9:45am Senior W.A. 10-10:30 Senior L2S Lvl 1 10:45-11:15 Senior L2S Lvl 2 6-6:30pm Adult L2S Lvl 1 6:30-7pm Adult L2S Lvl 2 6:30-7:30p WA Abs&Glutes 7-7:45am Adult L2S Lvl 3	31 8:30-9:15am Senior W.A. 5-5:30pm Child L2S Lvl 1 5:30-6pm Child L2S Lvl 2 6-6:45pm Child L2S Lvl 3 6:30-7:30pm Aqua Zumba	1	2

April

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
27 <u>Hours of Operation</u> 6:30am-8pm(Mon-Fri) 9am-5pm(Sat-Sun)	28	29	30	31	1 9-9:45am Senior W.A. 6-6:45pm WA: BLT	2 9:30-10 am P&C A 10:15-10:45am P&C B 11-11:30am Preschool Aquatics Lvl 1
3	4 9-9:45am Senior W.A.	5 8:30-9:15am Senior W.A.	6 9-9:45am Senior W.A.	7 8:30-9:15am Senior W.A.	8 9-9:45am Senior W.A.	9 9:30-10 am P&C A 10:15-10:45am P&C B 11-11:30am Preschool
Make Up Week—No Scheduled Classes						
					6-6:45pm WA: BLT	
10	11 9-9:45am Senior W.A. 10-10:30 Senior L2S Lvl 1 10:45-11:15 Senior L2S Lvl 2 6-6:30pm Adult L2S Lvl 1 6:30-7pm Adult L2S Lvl 2 6:30-7:30p WA Abs&Glutes 7-7:45am Adult L2S Lvl 3	12 8:30-9:15am Senior W.A. 5-5:30pm Child L2S Lvl 1 5:30-6pm Child L2S Lvl 2 6-6:45pm Child L2S Lvl 3 6:30-7:30pm Aqua Zumba	13 9-9:45am Senior W.A. 10-10:30 Senior L2S Lvl 1 10:45-11:15 Senior L2S Lvl 2 6-6:30pm Adult L2S Lvl 1 6:30-7pm Adult L2S Lvl 2 6:30-7:30p WA Abs&Glutes 7-7:45am Adult L2S Lvl 3	14 8:30-9:15am Senior W.A. 5-5:30pm Child L2S Lvl 1 5:30-6pm Child L2S Lvl 2 6-6:45pm Child L2S Lvl 3 6:30-7:30pm Aqua Zumba	15 9-9:45am Senior W.A. 6-6:45pm WA: BLT	16 Emancipation Day 9:30-10 am P&C A 10:15-10:45am P&C B 11-11:30am Preschool
17	18 10-10:30 Senior L2S Lvl 1 10:45-11:15 Senior L2S Lvl 2 6-6:30pm Adult L2S Lvl 1 6:30-7pm Adult L2S Lvl 2 6:30-7:30p WA Abs&Glutes 7-7:45am Adult L2S Lvl 3	19 5-5:30pm Child L2S Lvl 1 5:30-6pm Child L2S Lvl 2 6-6:45pm Child L2S Lvl 3 6:30-7:30pm Aqua Zumba	20 10-10:30 Senior L2S Lvl 1 10:45-11:15 Senior L2S Lvl 2 6-6:30pm Adult L2S Lvl 1 6:30-7pm Adult L2S Lvl 2 6:30-7:30p WA Abs&Glutes 7-7:45am Adult L2S Lvl 3	21 5-5:30pm Child L2S Lvl 1 5:30-6pm Child L2S Lvl 2 6-6:45pm Child L2S Lvl 3 6:30-7:30pm Aqua Zumba	22 6-6:45pm WA: BLT	23 9:30-10 am P&C A 10:15-10:45am P&C B 11-11:30am Preschool Aquatics Lvl 1
24	25 9-9:45am Senior W.A. 10-10:30 Senior L2S Lvl 1 10:45-11:15 Senior L2S Lvl 2 6-6:30pm Adult L2S Lvl 1 6:30-7pm Adult L2S Lvl 2 6:30-7:30p WA Abs&Glutes 7-7:45am Adult L2S Lvl 3	26 8:30-9:15am Senior W.A. 5-5:30pm Child L2S Lvl 1 5:30-6pm Child L2S Lvl 2 6-6:45pm Child L2S Lvl 3 6:30-7:30pm Aqua Zumba	27 9-9:45am Senior W.A. 10-10:30 Senior L2S Lvl 1 10:45-11:15 Senior L2S Lvl 2 6-6:30pm Adult L2S Lvl 1 6:30-7pm Adult L2S Lvl 2 6:30-7:30p WA Abs&Glutes 7-7:45am Adult L2S Lvl 3	28 8:30-9:15am Senior W.A. 5-5:30pm Child L2S Lvl 1 5:30-6pm Child L2S Lvl 2 6-6:45pm Child L2S Lvl 3 6:30-7:30pm Aqua Zumba	29 9-9:45am Senior W.A. 6-6:45pm WA: BLT	30 9:30-10 am P&C A 10:15-10:45am P&C B 11-11:30am Preschool Aquatics Lvl 1

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8	9 9-9:45am Senior W.A.	10 8:30-9:15am Senior W.A.	11 9-9:45am Senior W.A.	12 8:30-9:15am Senior W.A.	13 9-9:45am Senior W.A.	14	
Make Up Week—No Scheduled Classes							
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29	30 	31 8:30-9:15am Senior W.A. 5-5:30pm Child L2S Lvl 1 5:30-6pm Child L2S Lvl 2 6-6:45pm Child L2S Lvl 3 6:30-7:30pm Aqua Zumba	1	2	3	4	

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12	13 10-10:30 Senior L2S Lvl 1 10:45-11:15 Senior L2S Lvl 2 6-6:30pm Adult L2S Lvl 1 6:30-7pm Adult L2S Lvl 2 6:30-7:30p WA Abs&Glutes	14	15	16	17	18
Make Up Week—No Scheduled Classes						
19	20	21	22	23	24	25
26	27	28	29	30	1	2