

June

TURKEY THICKET AQUATIC CENTER
 (202) 576-9235
 1100 MICHIGAN AVE NE | WASHINGTON DC 20017
 MON-FRI 6:30AM-8:00PM
 SAT 12:00PM-5:00PM SUN Closed

Summer 2016
 MOVE • GROW • BE GREEN with  DPR
DEPARTMENT OF PARKS AND RECREATION

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30 	31	1	2	3	4
5	6	7	8	9	10	11
12	13 YMCA Senior Water Aerobics 8-8:45am YMCA Senior Water Aerobics 9-9:45am	14	15 YMCA Senior Water Aerobics 8-8:45am YMCA Senior Water Aerobics 9-9:45am	16	17	18
19	20 YMCA Senior Water Aerobics 8-8:45am YMCA Senior Water Aerobics 9-9:45am Water Aerobics- Abs & Glutes 1pm-2pm LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm	21 YMCA Senior Water Aerobics 8-8:45am YMCA Senior Water Aerobics 9-9:45am Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm	22 Water Aerobics- Abs & Glutes 1pm-2pm LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm Junior Waves- 5:45-6:30pm	23 YMCA Senior Water Aerobics 8-8:45am YMCA Senior Water Aerobics 9-9:45am Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm	24 Junior Waves- 5:45-6:30pm Water Aerobics: Aqua Zumba 6:30-7:30pm	25
26	27 YMCA Senior Water Aerobics 8-8:45am YMCA Senior Water Aerobics 9-9:45am Water Aerobics- Abs & Glutes 1pm-2pm LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm Junior Waves- 5:45-6:30pm	28 Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm Deep Water Aerobics: 6:30pm-7:30pm	29 YMCA Senior Water Aerobics 8-8:45am YMCA Senior Water Aerobics 9-9:45am Water Aerobics- Abs & Glutes 1pm-2pm LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm Junior Waves- 5:45-6:30pm	30 Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm Deep Water Aerobics: 6:30pm-7:30pm	1	2

July

TURKEY THICKET AQUATIC CENTER
 (202) 576-9235
 1100 MICHIGAN AVE NE | WASHINGTON DC 20017
 MON-FRI 6:30AM-8:00PM
 SAT 12:00PM-5:00PM SUN Closed

MOVE • GROW • BE GREEN with  DPR
DEPARTMENT OF PARKS AND RECREATION

Summer 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	29	30	1 Junior Waves- 5:45-6:30pm Water Aerobics: Aqua Zumba 6:30-7:30pm	2
3	4  Independence Day (Observed) No Classes	5 Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm Deep Water Aerobics: 6:30pm-7:30pm	6 YMCA Senior Water Aerobics 8-8:45am YMCA Senior Water Aerobics 9-9:45am Water Aerobics- Abs & Glutes 1pm-2pm LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm Junior Waves- 5:45-6:30pm	7 Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm Deep Water Aerobics: 6:30pm-7:30pm	8 Junior Waves- 5:45-6:30pm Water Aerobics: Aqua Zumba 6:30-7:30pm	9
10	11 YMCA Senior Water Aerobics 8-8:45am YMCA Senior Water Aerobics 9-9:45am Water Aerobics- Abs & Glutes 1pm-2pm LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm Junior Waves- 5:45-6:30pm	12 Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm Deep Water Aerobics: 6:30pm-7:30pm	13 YMCA Senior Water Aerobics 8-8:45am YMCA Senior Water Aerobics 9-9:45am Water Aerobics- Abs & Glutes 1pm-2pm LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm Junior Waves- 5:45-6:30pm	14 Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm Deep Water Aerobics: 6:30pm-7:30pm	15 Junior Waves- 5:45-6:30pm Water Aerobics: Aqua Zumba 6:30-7:30pm	16
17	18 YMCA Senior Water Aerobics 8-8:45am YMCA Senior Water Aerobics 9-9:45am Senior Aerobics 8-8:45am Senior Aerobics 9-9:45am Water Aerobics- Abs & Glutes 1pm-2pm LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm Junior Waves- 5:45-6:30pm	19	20 YMCA Senior Water Aerobics 8-8:45am YMCA Senior Water Aerobics 9-9:45am Senior Aerobics 8-8:45am Senior Aerobics 9-9:45am Junior Waves- 5:45-6:30pm	21	22 Water Aerobics: Aqua Zumba 6:30-7:30pm	23
Makeup Week—No Scheduled Classes						
24	25 Senior Aerobics 8-8:45am Senior Aerobics 9-9:45am LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm Junior Waves- 5:45-6:30pm	26 Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm Deep Water Aerobics: 6:30pm-7:30pm	27 LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm Junior Waves- 5:45-6:30pm	28 Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm Deep Water Aerobics: 6:30pm-7:30pm	29 Junior Waves- 5:45-6:30pm Water Aerobics: Aqua Zumba 6:30-7:30pm	30
31	1	2	3	4	5	6

August

TURKEY THICKET AQUATIC CENTER
 (202) 576-9235
 1100 MICHIGAN AVE NE | WASHINGTON DC 20017
 MON-FRI 6:30AM-8:00PM
 SAT 12:00PM-5:00PM SUN Closed

MOVE • GROW • BE GREEN *with* 
 Summer 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
31	1 YMCA Senior Water Aerobics 8-8:45am YMCA Senior Water Aerobics 9-9:45am LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:10-6:50pm	2 Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm	3 YMCA Senior Water Aerobics 8-8:45am YMCA Senior Water Aerobics 9-9:45am LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm	4 Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm	5 Junior Waves- 5:45-6:30pm Water Aerobics: Aqua Zumba 6:30-7:30pm	6	
7	8 YMCA Senior Water Aerobics 8-8:45am YMCA Senior Water Aerobics 9-9:45am LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm Junior Waves- 5:45-6:30pm	9 Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm Deep Water Aerobics: 6:30pm-7:30pm	10 YMCA Senior Water Aerobics 8-8:45am YMCA Senior Water Aerobics 9-9:45am LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm Junior Waves- 5:45-6:30pm	11 Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm Deep Water Aerobics: 6:30pm-7:30pm	12 Junior Waves- 5:45-6:30pm Water Aerobics: Aqua Zumba 6:30-7:30pm	13	
14	15 YMCA Senior Water Aerobics 8-8:45am YMCA Senior Water Aerobics 9-9:45am LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm Junior Waves- 5:45-6:30pm	16 Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm Deep Water Aerobics: 6:30pm-7:30pm	17 YMCA Senior Water Aerobics 8-8:45am YMCA Senior Water Aerobics 9-9:45am LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm	18 Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm Deep Water Aerobics: 6:30pm-7:30pm	19	20	
21	22 YMCA Senior Water Aerobics 8-8:45am YMCA Senior Water Aerobics 9-9:45am	23	24 YMCA Senior Water Aerobics 8-8:45am YMCA Senior Water Aerobics 9-9:45am	25	26	27	
Make Up Week—No Scheduled Classes							
28	29 YMCA Senior Water Aerobics 8-8:45am YMCA Senior Water Aerobics 9-9:45am	30	31 YMCA Senior Water Aerobics 8-8:45am YMCA Senior Water Aerobics 9-9:45am	1	2	3	