

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30 	31	1	2	3	4
5	6	7	8	9	10	11
12	13 YMCA Senior WA 7am-8am	14	15 YMCA Senior WA 7am-8am	16	17 YMCA Senior WA 7am-8am	18
19 Summer Classes Begin Shallow Water Aerobics 10am-11am	20 Outdoor Pools Open at FULL OPERATIONS YMCA Senior WA 7am-8am Deep/Shallow WA 7pm-8pm	21	22 YMCA Senior WA 7am-8am Deep/Shallow WA 7pm-8pm	23	24 YMCA Senior WA 7am-8am International Life-guard Training Academy (ILGTA) 6pm-7pm	25 L2S for Children II 10:15am-10:45am L2S for Children III 10:45am-11:15am
26 Shallow Water Aerobics 10am-11am	27 YMCA Senior WA 7am-8am Deep/Shallow WA 7pm-8pm	28	29 YMCA Senior WA 7am-8am Deep/Shallow WA 7pm-8pm	30	1	2

July

H.D. Woodson Aquatic Center
 202-673-2097
 540 55th St. NE Washington, DC 20019
 Mon, Wed, Fri 6am-8am/5pm-9pm
 Sat, Sun 9am-4:45pm

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	29	30	1 YMCA Senior WA 7am-8am International Life-guard Training Academy (ILGTA) 6pm-7pm	2 L2S for Children II 10:15am-10:45am L2S for Children III 10:45am-11:15am
3 Shallow Water Aerobics 10am-11am	4  Independence Day (Observed) <i>No Classes</i>	5	6 YMCA Senior WA 7am-8am Deep/Shallow WA 7pm-8pm	7	8 YMCA Senior WA 7am-8am International Life-guard Training Academy (ILGTA) 6pm-7pm	9 L2S for Children II 10:15am-10:45am L2S for Children III 10:45am-11:15am
10 Shallow Water Aerobics 10am-11am	11 YMCA Senior WA 7am-8am Deep/Shallow WA 7pm-8pm	12	13 YMCA Senior WA 7am-8am Deep/Shallow WA 7pm-8pm	14	15 YMCA Senior WA 7am-8am International Life-guard Training Academy (ILGTA) 6pm-7pm	16 L2S for Children II 10:15am-10:45am L2S for Children III 10:45am-11:15am
17 Shallow Water Aerobics 10am-11am	18 YMCA Senior WA 7am-8am Deep/Shallow WA 7pm-8pm	19	20 YMCA Senior WA 7am-8am	21	22 YMCA Senior WA 7am-8am International Life-guard Training Academy (ILGTA) 6pm-7pm	23 L2S for Children II 10:15am-10:45am L2S for Children III 10:45am-11:15am
Makeup Week—No Scheduled Classes						
24 Shallow Water Aerobics 10am-11am	25 Deep/Shallow WA 7pm-8pm	26	27 Deep/Shallow WA 7pm-8pm	28	29 International Life-guard Training Academy (ILGTA) 6pm-7pm	30

Aug

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1 YMCA Senior WA 7am-8am Deep/Shallow WA 7pm-8pm	2	3 YMCA Senior WA 7am-8am Deep/Shallow WA 7pm-8pm	4	5 YMCA Senior WA 7am-8am International Life-guard Training Academy (ILGTA) 6pm-7pm	6 L2S for Children II 10:15am-10:45am L2S for Children III 10:45am-11:15am
7 Shallow Water Aerobics 10am-11am	8 YMCA Senior WA 7am-8am Deep/Shallow WA 7pm-8pm	9	10 YMCA Senior WA 7am-8am Deep/Shallow WA 7pm-8pm	11	12 YMCA Senior WA 7am-8am International Life-guard Training Academy (ILGTA) 6pm-7pm	13 L2S for Children II 10:15am-10:45am L2S for Children III 10:45am-11:15am
14	15 YMCA Senior WA 7am-8am Deep/Shallow WA 7pm-8pm	16	17 YMCA Senior WA 7am-8am Deep/Shallow WA 7pm-8pm	18	19 YMCA Senior WA 7am-8am	20
21	22 YMCA Senior WA 7am-8am	23	24 YMCA Senior WA 7am-8am	25	26 YMCA Senior WA 7am-8am	27
Make Up Week—No Scheduled Classes						
28	29 YMCA Senior WA 7am-8am	30	31 YMCA Senior WA 7am-8am	1	2	3