



Therapeutic Recreation Frequently Asked Questions

Q. What are the hours of operation?

A. Mon. Wed. Fri. 9:00 am – 6:00 pm
Tues. Thurs. 9:00 am – 8:00 pm
Sat. 9:00 am – 2:00 pm
Sun. Closed
Pool - Mon. – Fri. 9:00 am – 4:30 pm

Note: Actual pool usage time is 9:00 am – 3:15 pm. Times vary based on day/season.
Please call 202-698-1794 for more information.

Q. How do I register for therapeutic programs?

A. Please come to the center located at 3030 G Street SE DC 20019 or call 202-698-1794 for more information.

Q. Do I need physician release form to participate in therapeutic programs?

A. Yes.

A signed physician release form is required for aquatic wellness instructor led classes.

Note: There are fees associated with instructor led classes and age range is 21 and over.
Please call 202-698-1794 for more information.

Q. Is the pool open to children?

A. No. The pool is a therapeutic pool heated at a temperature of 90 degrees F consistently and is mostly used by adults 21 and over. To find a pool near you please visit www.dpr.dc.gov

For individuals with physical disabilities under 21 please call 202-698-1794 for information on reasonable accommodations.

Q. What programs do you have for children?

A. Currently we offer a summer camp program for children with and without special needs ages 3 to 16. Camp is June – August.

Q. Do you offer programs for seniors?

A. Yes. There are a variety of senior programs. For more information please call (202) 299-3781

Q. Do you offer programs for individuals with physical disabilities?



A. Yes. We currently offer an adaptive exercise class geared towards individuals with physical disabilities, primarily those with limited mobility. For more information call 202-698-1794.