

31st Annual DC Senior Games

May 5 - 16, 2014

Opening Ceremony Monday, May 5, 2014
Closing Ceremony Monday, May 19, 2014

Schedule of Events

Monday, May 5th	Start	End	Location
Opening Ceremony	10am	12pm	Howard Theatre
3 on 3 Basketball	2pm	3pm	Deanwood Gymnasium
Free Throw Basketball	2pm	3pm	Deanwood Gymnasium
Spot Shot Basketball	2pm	3pm	Deanwood Gymnasium
Tuesday, May 6th	Start	End	Location
10K Run	8am	2pm	Spingarn Senior High
50m Dash	9am	2pm	Spingarn Senior High
400M	9:15am	2pm	Spingarn Senior High
1500M	9:30am	2pm	Spingarn Senior High
Long Jump	10am	2pm	Spingarn Senior High
Shot Put	10am	2pm	Spingarn Senior High
Softball Throw	10am	2pm	Spingarn Senior High
100M	10:15am	2pm	Spingarn Senior High
5K	10:30am	2pm	Spingarn Senior High
Discus	11am	2pm	Spingarn Senior High
Football Throw	11am	2pm	Spingarn Senior High
800M Run	11:15am	2pm	Spingarn Senior High
Fun Walk	11:45am	2pm	Spingarn Senior High
200M Run	12 Noon	2pm	Spingarn Senior High
1500M Race Walk	12:30pm	2pm	Spingarn Senior High
Wednesday, May 7th	Start	End	Location
Swimming Warm-Up	8am	9am	Takoma Aquatic Center
500 Yard Freestyle	9am	1pm	Takoma Aquatic Center
25 Yard Freestyle	9am	1pm	Takoma Aquatic Center
200 Yard Butterfly	9am	1pm	Takoma Aquatic Center
25 Butterfly	9am	1pm	Takoma Aquatic Center
200 Yard Backstroke	9am	1pm	Takoma Aquatic Center
Thursday, May 8th	Start	End	Location
Swimming Warm-Up	8am	9am	Takoma Aquatic Center
100 Yard Breaststroke	9am	1pm	Takoma Aquatic Center
50 Yard Backstroke	9am	1pm	Takoma Aquatic Center
200 Yard Freestyle	9am	1pm	Takoma Aquatic Center
25 Yard Butterfly	9am	1pm	Takoma Aquatic Center
100 Yard Freestyle Relay	9am	1pm	Takoma Aquatic Center
100 Yard Backstroke	9am	1pm	Takoma Aquatic Center
25 Yard Breaststroke	9am	1pm	Takoma Aquatic Center
200 Yard Individual Medley	9am	1pm	Takoma Aquatic Center
50 Yard Butterfly	9am	1pm	Takoma Aquatic Center
200 Yard Medley Relay	9am	1pm	Takoma Aquatic Center
Friday, May 9th	Start	End	Location
Swimming Warm-up	8am	9am	Takoma Aquatic Center
100 Yard Freestyle	9am	1pm	Takoma Aquatic Center
25 Yard Backstroke	9am	1pm	Takoma Aquatic Center
50 Yard Breaststroke	9am	1pm	Takoma Aquatic Center
25 Yard Freestyle	9am	1pm	Takoma Aquatic Center
100 Yard Individual Medley	9am	1pm	Takoma Aquatic Center
200 Yard Freestyle Relay	9am	1pm	Takoma Aquatic Center
100 Yard Butterfly	9m	1pm	Takoma Aquatic Center
50 Yard Freestyle	9am	1pm	Takoma Aquatic Center
200 Yard Breaststroke	9am	1pm	Takoma Aquatic Center
100 Yard Medley Relay	9am	1pm	Takoma Aquatic Center
Monday, May 12th	Start	End	Location
Billiards - 8 Ball	10am	2pm	Kennedy
Table Tennis	10am	2pm	Kennedy
Horseshoe Pitch	10am	2pm	Langdon
Softball (2 Softball Games)	2pm	6pm	Deanwood
Bowling - Singles	2pm	5pm	Capitol Plaza Bowl
Tuesday, May 13th	Start	End	Location
Singles Tennis	9am	5pm	Theodore Hagan
Softball (3 Softball Games)	10am	4pm	Deanwood
Bowling - Doubles	2pm	5pm	Capitol Plaza Bowl
Wednesday, May 14th	Start	End	Location
Pickleball	10am	1pm	Emery
Bowling - Mixed	2pm	5pm	Capitol Plaza Bowl
Thursday, May 15th	Start	End	Location
Softball (4 Softball Games)	10am	6pm	Deanwood
Friday, May 16th	Start	End	Location
Double Tennis	9am	5pm	Theodore Hagan
Monday, May 19th	Start	End	Location
Closing Ceremony	10am	2pm	Howard Theatre

