DC Department of Parks and Recreation

Move • Grow • Be Green with DPR

DPR Summer Camps 2014 Parent Guidebook

Summer Camps Office | Columbia Heights Community Center
1480 Girard St. NW, 4th Floor • Washington, DC 20009
(202) 671-0372 • dpr.camps@dc.gov

DC DEPARTMENT OF PARKS AND RECREATION

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Summer Camp Office:

Columbia Heights Community Center
1480 Girard St. NW, 4th Floor
Washington, DC 20009
202-671-0372
dpr.camps@dc.gov

Hours: Monday & Tuesday 10 am - 7 pm; Wednesday - Friday 10 am - 5 pm

The DC Department of Parks and Recreation (DPR) has been providing camps and camp activities to the District's youth for over 20 years. On average, over 3,000 children utilize DPR's camps in the course of one year. It is important that the youth not only have an enjoyable camp experience, but that the policies and procedures set forth by DPR are clear and understood. Creating and maintaining a safe environment for all of our camp participants, both the youth and the staff, is a top priority. Please review DPR's Policies and Procedures for the 2014 Summer Camp Season. These policies and procedures are applicable to all DPR camps.

DPR Summer Camp 2014 Policies and Procedures

DROP-OFF/ PICK UP

- All children must be signed in and out of camp daily by a parent or designated adult. Children may not leave DPR property with anyone other than the parent/guardian or designated adult on the registration form. Anyone designated to pick up a child must be listed on the registration form and must be at least 18 years old.
- If your child will walk (unaccompanied by an adult / walking alone) to and from camp, you will need to complete a consent form. Please request a form from your camp director.
- Camp starts promptly at 9 am and ends promptly at 5 pm. Before-care is from 8 am to 9 am and after-care is from 5 pm to 6 pm.
- Children cannot be dropped off before 8:50 a.m. if they are not enrolled in before-care. Children must be picked up by 5:10 p.m. if they are not enrolled in after-care.
- Children enrolled in after-care must be picked up no later than 6:10 p.m. If your child has not been picked up by 6:30 p.m., the proper authorities will be contacted.
- Parents/guardians picking up a child after the designated time will receive a verbal warning for the first offense, the second offense will warrant a written warning, and a third offense will risk possible dismissal from the program (without a refund).

CAMP SESSION DATES

Session 1: June 23, 2014 – July 3, 2014 *(Holiday July 4th)*
Session 2: July 7, 2014 – July 18, 2014
Session 3: July 21, 2014 – August 1, 2014
Session 4: August 4, 2014 – August 15, 2014

TIME AND ATTENDANCE

- Our camps start promptly at 9:00 am and operate on a schedule. Please see to it that your child has transportation to and from camp daily and that your child arrives on time.
- Should your child arrive late, more than three times, (unless prior arrangements have been made with the camp director) it may result in your child being marked absent for that day.
- Repeated absences (without prior arrangements being made with the camp director) could result in your child being dismissed from the program. Please communicate your child's whereabouts with the camp director to avoid any misunderstandings.

PARENT INVOLVEMENT

- We appreciate and encourage parent involvement in our programs. We believe parents are an important part of the success of the program and are highly encouraged to volunteer during special events and field trips. Information about special events and field trips will be communicated at the beginning of each camp session and throughout the summer.
- Parents and guardians who would like to participate in DPR or DPR Camps programs on a more regular basis are encouraged to complete a DPR volunteer application at http://bit.ly/Iqmy3a.

FOOD

- Breakfast and lunch will be provided at eligible Free Summer Meals Program sites. Please refer to the summercamps.dc.gov website for a list of sites. If your child does not want to eat the meals that are provided, please send his/her lunch in a marked container. Because of the length of the day, snacks are encouraged (see guidelines below).
  Please note: *Due to the number of campers who eat lunch together during the lunch period, we will not be able to microwave children's lunches.*
- Because we encourage healthy eating habits, we do not allow the following food and drinks at camp:
  - red juices of any sort
  - soda
  - chips, cookies, candy, sunflower seeds, or any kind of sugary snacks
  - ABSOLUTELY NO PEANUT PRODUCTS (due to the number of children with nut allergies)

  If your child arrives at camp with any of these items, the item(s) will be held for them until the end of the day.

MEDICATION AND ILLNESS

- DPR is not permitted to and cannot administer medication of ANY kind under ANY circumstance. If your child is in need of medication, he/she must be able to administer it him/herself, or a parent or other approved adult can come to the site to administer the medication. This includes epi-pens and asthma inhalers.
- Please do not send your child to camp if he/she is sick. However if your child will be absent from camp because they are sick, please inform the camp director that your child will not be at camp that day.
- If your child becomes ill at camp, we will notify you to pick up the child immediately. The camp staff must consider the well-being of every child. If your child is sent home with a communicable disease (something that is contagious), he/she may not return to camp without a written note/permission from their doctor. (A doctors note will be required for: pink eye, fever, diarrhea, unexplainable rashes, ringworm, etc.)

EMERGENCY PROCEDURES and INJURIES

- All DPR staff are trained on the proper emergency evacuation procedures in the event of a fire, severe storm, or other emergency.
- It is VERY important that the Site Manager and Camp Facilitator are made aware, in writing, of any changes in home or emergency telephone numbers, or if there is a change in the child's health information.
- DPR staff will take all necessary precautions to prevent any health risk to campers. In the event of an injury, certified staff will administer first aid, and the parent will be notified of the incident at the end of the day, unless the injury requires immediate notification.

CAMPER SAFETY

- DPR strives to create the safest environment possible for your child. For the Little Explorers Camps, a 1:4 to 1:5 adult-to-child ratio is maintained. For camps serving children ages 6-13, there is a 1:12 to 1:15 adult-to-child ratio. With additional help from summer youth employees, camp staff will be able to keep constant watch over each child as they play, create, and enjoy an enriching summer camp experience.
- DPR constantly monitors summer weather reports, especially the heat-index. If a heat advisory is in effect, your child will spend very limited amounts of time outside, if any.

PERSONAL BELONGINGS

- All personal items (clothing, shoes, towels, bags, water bottles, etc.) must be marked with the child's full name in permanent marker. *DPR is not responsible for any belongings and will not assume the responsibility for the replacement of missing items.*
- **PLEASE DO NOT** send your child to camp with the following items: Collectable cards, money (unless requested for field trips), game boys, iPods (MP3 players), walkman/discman, cell phones, electronic devices or any other valuable items.
- **NO ELECTRONIC DEVICES:** Electronic devices, including iPods, Mp3 players, cell phones, PSP, etc. are **not** allowed. These items will be taken, and given back at the end of the day.
- DPR is not responsible for lost or stolen items.

DRESS CODE

- Tennis shoes must be worn every day. Athletic wear and/or loose clothing should be worn at all times.
- The following clothing items are not permitted at camp:
    - Short shorts
    - Skirts or dresses (that are not tennis skirts)
    - Shirts with slang, profanity or negative messages or images
    - Halter tops
    - Boots, open toe shoes, sandals, flip flops, or wedges
    - Bandanas or stocking caps

POTTY TRAINING POLICY

- Children who are participating in any DPR camp, including Little Explorers camp, must be potty-trained.
- No child will be able to attend camp if still wearing diapers or pull-ups.

FIELD TRIPS

- Parents will be asked to sign **one** permission slip at the start of the camp session. This permission slip will cover all field trips that will take place during that session.
- The dates and destinations for all field trips will be given to you by the camp facilitator and/or the site staff at the start of camp.
- Please ensure that your child is prepared for the field trip (trip fees, extra spending money, lunch, sunscreen, etc). Some field trips may require a fee, however you will be notified in advance by the camp staff.
- If, for any reason, your child cannot participate in the field trip, please keep him/her at home. If your child arrives late to camp, and misses the bus for the field trip, you may need to keep him/her home if there is not enough staff at the site to properly supervise your child.

SWIMMING

- Your child will go swimming at least once every two weeks. All camp staff members are required to get into the water with campers and maintain close proximity to help ensure camper safety. The camp facilitator should inform you of swimming trips well in advance so you can send your child with the proper belongings.
- All children **MUST** bring a swimsuit and towel on swim days, even if they do not intend to swim. They will not be allowed onto the pool deck without the proper attire, which will make it difficult to maintain proper supervision over all campers. We also recommend sending your child with sun-block and water shoes.
- All children must adhere to the pool rules. Any child breaking the rules will risk being excluded from future pool trips.

SUMMER CAMP FEES

- **Little Explorers, Discovery, Tweens, Sports, Aqua Day, Jelleff and Therapeutic Recreation Camps** *
  $100 per session ; $10 field trip fee ; $20 before and after care
- **Verano Spanish Camp** *
  $310 per session ; $20 before and after care ; $10 field trip fee
- **Outdoor Adventure Camp** *
  ** *Please note that Outdoor Adventure Camp sessions are structured differently*
  Session 1 (June 23 – July 18, 2014) : $450 per session ; $20 before and after care ; $10 field trip fee
  Session 2 (July 21 - August 15, 2014) : $450 per session ; $20 before and after care ; $10 field trip fee
- **REC Camps**
  $40 registration fee *

**** Please note: Listed fees are for District residents. Please go to http://dpr.dc.gov/service/summer-camp-fees for non-resident rates***

PLAY DC

- DPR is currently implementing Mayor Gray's "Play DC: Playground Improvement Initiative", renovating 40 play spaces throughout the District. Centers that have the notation **Play DC site* will have construction taking place on their playground area. At these sites, campers will NOT have access to the playground area during the construction process and DPR will take every precaution to ensure campers safety.

DPR REFUND POLICY

- Refund requests must be received **no later than** ONE WEEK PRIOR to the start of the Session(s) you are withdrawing from. Please go to http://dpr.dc.gov/service/summer-camp-fees for specific dates.
- DPR retains a 10% processing fee on ALL refunds.
- If your child is dismissed from the program for any reason (chronic misbehavior, violence, late pick-ups, repeated absences, etc.) you will NOT be entitled to a refund.
- There are 3 options to request a refund. Please be sure to fill out a request form.
  - Online: go online to dpr.dc.gov – complete and sign a refund request form, scan the completed form and email it to the Summer Camps Office at dpr.camps@dc.gov.
  - Via fax: send a fax to (202) 671-2796. Make sure to indicate: ***Attention Summer Camp Office*** on the cover sheet.
  - Via Email: send an email to dpr.camps@dc.gov.

AQUA DAY CAMP (ages 6 – 13)

Curriculum
Campers will be instructed on breathing techniques, swim stroke mechanics and water safety awareness. Advanced activities will depend on the pace of the group.

Session 1 : **Deanwood Aquatic Center**	June 23rd – July 3rd
Session 2 : **Takoma Aquatic Center**	July 7th – July 18th
Session 3 : **Turkey Thicket Aquatic Center**	July 21st – August 1st
Session 4 : **Fort Stanton Aquatic Center**	August 4th – August 15th

Items to Bring to Camp

- Drinks (i.e. bottled water, Gatorade etc.), snack for mid day
- Sun screen
- Girls—one piece bathing suits
- Boys—swim trunks
- Goggles
- Towel
- Flip flops
- Soap (*Campers will have the option to shower after their swimming sessions.)

Sample Daily Schedule

8 am	Before Care
9 am	Arrival/Breakfast
10 am	Exercise
10:30 am	Structured Swim - Pt.1
12 noon	LUNCH
1 pm	Arts/Craft/Learning corner/Games
2 pm	Outdoor Games
3 pm	Structured Swim – Pt. 2
4:30 pm	Snack
5 pm	Pick up

Field Trips
There will be two field trips per session. The exact dates of these trips will be solidified by the start of each session, however most trips will take place on Wednesdays, barring holidays and closures. The field trips being considered are: tubing on the Shenandoah River and a field trip to the Anacostia Aquatic Resources Education Center.

Aqua Day Camp Numbers to Know

Camp Central Office	*202 671 0295*
Takoma Aquatic Center	*202 578 9284*
Deanwood Aquatic Center	*202 673 7647*
Fort Stanton Aquatic Center	*202 678 1798*
Turkey Thicket Aquatic Center	*202 578 9236*

DISCOVERY CAMP (Ages 6-10)

Curriculum

Discovery Camp uses a theme-based curriculum to help children get to know themselves and the world around them. Children will participate in daily morning meetings, arts and crafts activities, explorations, Drop-Everything-And-Read (DEAR), games, sports, and choice activities.

Camp Locations

Please visit summercamps.dc.gov for camp locations.

Sample Daily Schedule

9 am	Breakfast/Free Play
10 am	Morning Meeting
10:30 am	Games/Sports
11:15 am	Exploration
12 noon	Lunch/Free Play
1 pm	D.E.A.R.
1:45pm	Arts and Crafts
2:30 pm	Games/Sports
3:15 pm	Closing Circle
3:30 pm	Choice activity
5 pm	Dismissal

Important Items

We encourage you to send the following items to camp with your child:

- **Books** (optional)—Each day your child will have the opportunity to read or to be read to. Please send along any books you would like your child to read this summer. Many camps will be taking walking field trips to their local libraries to get books as well.
- **Sun-Block—**Weather permitting, your child will spend a good portion of his/her day outside playing games and participating in outdoor camp activities.
- **Reusable Water Bottle**
- **Afternoon Snack**—Please see the guidelines on page 5.
- **Extra set of clothes**
- **Swimsuit and Towel** (on swim days)

Field Trips

Each session will include at least one field trip and at least one trip to the swimming pool. Field trip dates will be distributed by DPR camp staff on the first day of the camp session. Parents will be asked to sign one permission slip at the start of each camp session. All scheduled field trips for that entire camp session will be listed on the permission slip. By signing the permission slip, you are allowing your child to participate in all field trips for that entire camp session.

Field trips may include

- Rock Creek Park
- AMF Bowling
- Air and Space Museum
- DPR Camp Field Day

Some camp sites will plan additional field trips that may or may not require a fee. Camp staff will give you more information about these trips.

JELLEFF CAMP (Ages 6-12)

Curriculum

Jelleff Summer Camp follows a theme-based curriculum for campers focused on enhancing academic skills, engaging in fitness activities and social recreational activities. Campers will participate in activities such as critical thinking skills, reading, math, and science. Physical fitness activities will include calisthenics, relay races, swimming, basketball, soccer, kick-ball and more. Social recreational activities will include ping-pong, foosball and board games.

Location - Jelleff Recreation Center

Sample Daily Schedule

9am	On the Spot Fun
9:30am	Morning Meeting
10am	Games / Sports
11am	Math & Reading Games
12pm	Lunch /On the Spot Fun
1pm	D.E.A.R. / On the Spot Fun
2pm	Arts and Crafts
3pm	Games / Sports
4pm	Choice Activities (Centers)
5pm	Dismissal

Items to Bring

We encourage you to send the following items to camp with your child:

- **Books** (optional)—Each day your child will have the opportunity to read or to be read to. Please send along any books you would like your child to read this summer. Many camps will be taking walking field trips to their local libraries to get books as well.
- **Sun-Block**—Weather permitting, your child will spend a good portion of his/her day outside playing games and participating in other camp activities.
- **Reusable Water Bottle**
- **Lunch & 2 Snacks**
- **Extra set of clothes**
- **Swimsuit and Towel** (on swim days)

Field Trips

The dates of the field trips will be given to you by your camp facilitator at the start of camp. You will be asked to sign a permission slip prior to each trip. Some of our field trips may include:

- *Roller Skating*
- *Bowling*
- *Air and Space Museum*
- *Natural History Museum*

BEHAVIOR EXPECTATIONS AND CODE OF CONDUCT

Camp is a fun leisure experience for children and teens. DPR's expectations are direct and clear: respect for self, respect for others and respect for the environment. We will encourage campers to be responsible and mindful of their words and actions at all times with camp staff and with each other. All DPR staff is trained in the best practices for positive behavior management.

If misbehavior does occur, we will use the following tier system to determine the most logical consequence:

Tier 1	
Misbehavior • Misbehavior in a Rec center or park, such as running or yelling when inappropriate • Littering in a Rec center or park • Violation of dress code • Using unkind words • Disobedience	**Logical consequence** • Verbal cue to remind about rules • Pick up debris (for littering) • Contact parent *Repeated misbehaviors could lead to a Tier 2 consequence.*
Tier 2	
Misbehavior • Repeated Disobedience • Misuse/Abuse of resources • Repeated Foul language • Disrespect towards staff and/or other adults • Bullying and/or threats • Physical violence (first instance) • Leaving DPR property or the supervision of staff when on a trip (first instance)	**Logical consequence** • Exclusion from activities and/or trips • Suspension • Behavior management plan (created with child and parent) • Transfer to another site
Tier 3	
Misbehavior • Bringing weapons onto DPR property • Theft • Excessive Absenteeism (more than 3 consecutive absences without notification) • Violation of Behavior Plan	**Logical consequence** • Immediate dismissal from program

DPR reserves the right to dismiss any child who violates DPR site and/or camp rules or whose conduct is disruptive and prevents camp staff from providing a complete, consistent and enjoyable camp experience for the other participants. **Children dismissed from the program are not eligible for a refund**.

For more information, if you have any questions or concerns - contact :

DPR's Summer Camp Office
Columbia Heights Community Center
1480 Girard St. NW, 4th Floor - Washington, DC 20009
202-671-0372 (Ofc)
202-671-2796 (Fax – Attn. Summer Camp Office)
dpr.camps@dc.gov

SAMPLE DPR BEHAVIOR AGREEMENT

The Behavior Agreement is to help you understand the importance of behaving during camp. DPR provides and expects only the very best from our campers and proper behavior is important for the safety and well-being of you, the camper, as well as the other campers and staff. All children who attend DPR summer camps and programs are expected to follow the rules and behave in an acceptable manner. Since you are having trouble following these expectations, we are sitting down together to agree on what is expected of you in order to remain in the program. Your parent (or guardian) is here to work with us and help you meet these expectations.

Site _____ Camp _____

Camper's Name _____

Parent / Guardian's Name _____

DPR Staff _____

Describe Unacceptable Behavior _____

_____

_____

In order to continue participating in this program, we (parent and child) agree to:

- ❑ Follow the rules of the program.
- ❑ Treat the staff, volunteers, and other campers with respect.
- ❑ _____
- ❑ _____
- ❑ _____
- ❑ _____

Progress Report

The Camp Director will provide feedback by phone or in person in 1 2 3 days (circle one) to indicate progress and/or the next step.

I understand that I will be suspended or expelled from camp if I do not follow this agreement and act appropriately.

Camper's Signature: _____ Date:_____

Parent's/Guardian's Signature: _____ Date: _____

DPR Staff Signature: _____ Date:_____

Sample

LITTLE EXPLORERS CAMP (Ages 3-5)

Curriculum

Little Explorers Camp uses a theme-based curriculum, taught by experienced early childhood development staff, with a staff to child ratio of 1:4 to 1:5. Children will participate in daily morning meetings, arts and crafts activities, explorations, Drop-Everything-And-Read (DEAR), games, sports, and choice activities.

Camp Locations

Please visit summercamps.dc.gov for camp locations.

Sample Daily Schedule

9 am	Breakfast / Free Play
10 am	Morning Meeting
10:30 am	Arts and Crafts
11 am	Games / Sports
11:30 am	Exploration
12 noon	Lunch / Free Play
1 pm	Story Time
1:15 pm	Rest / Meditation / D.E.A.R.
2:30 pm	Science / Math investigation
3 pm	Games / Sports
3:30 pm	Bathroom / Water / Snack Break
3:45 pm	Closing Circle
4 pm	Choice Time
5 pm	Dismissal

Important Items

We encourage you to send the following items to camp with your child:

- **Books** (optional)—Each day your child will have the opportunity to read or to be read to. Please send along any books you would like your child to read this summer. Many camps will be taking walking field trips to their local libraries to get books as well.
- **Sun-Block—**Weather permitting, your child will spend a good portion of his/her day outside playing games and participating in other camp activities.
- **Extra set of clothes** and **Reusable Water Bottle**
- **Afternoon Snack**—Please see guidelines on page 5.
- **Small Blanket—**Little Explorers will have rest time each day.
- **Swimsuit and Towel** (on swim days)

Field Trips

Each session will include at least one field trip and at least one trip to the swimming pool. Field trip dates will be distributed by DPR camp staff on the first day of the camp session. Parents will be asked to sign one permission slip at the start of each camp session. All scheduled field trips for that entire camp session will be listed on the permission slip. By signing the permission slip, you are allowing your child to participate in all field trips for that entire camp session.

Field trips may include:

- Glen Echo Park
- AMF Bowling
- National Zoo
- DPR Camp Field Day

Some camp sites will plan additional field trips that may or may not require a fee. Camp staff will give you more information about these trips.

OUTDOOR ADVENTURE CAMP (ages 8-13)

Curriculum

Imagine four weeks filled with hiking, swimming, kayaking, and much more! Outdoor Adventure Camp (OAC) begins with three DC-based weeks of exposure to camping skills and outdoor recreation experiences. The session then culminates with a week-long overnight stay where youth will put their newly acquired skills to use in the great outdoors. This four-week adventure will provide your child with a unique outdoor experience, and encourages them to have a better appreciation for our planet.

Camp Locations

Kalorama Recreation Center
Palisades Recreation Center

Sample Daily Schedule

8 am	Arrival/ DEAR: Drop Everything And Read
9 am	Breakfast
9:30 am	Morning Circle/Morning Greeting
10 am	Urban Hike
10:45 am	Swimming lessons/ Intro to camping equipment/ Orienteering and map skills
12:30 pm	Lunch/ Free play
1:30 pm	Nature knows/ Leaves no trace/ Sports and games
3 pm	Arts and Crafts
4 pm	Closing Circle
4:30 pm	Stations/ Free Choice/ Board Games
5:30 pm	DEAR: Drop Everything And Read/ Departure

Field Trips

Each session your child will have at least four field trips. The dates of these trips will be given to you by the camp facilitator on the first day of camp. Some of the field trips being considered are:

- Hiking in Rock Creek Park and Greenbelt Park
- Kenilworth Aquatic Gardens
- Aquatic Resource Education Center (AREC)
- Flat water kayaking
- White water rafting
- Zip lining

Items to Bring

Please send your camper with a backpack containing a reusable water bottle, sunblock, a hat, and an afternoon snack. All campers should wear sneakers and clothing that you don't mind getting dirty.

REC CAMP (ages 6-13)

Curriculum

Youth will receive a diverse, hands-on learning experience in fitness, sports, the arts, and the environment. Activities will include fitness activities and facts, sports, nature walks, plays, and games. Participants will develop and increase their peer-to-peer social interactions.

Camp Locations

Please visit summercamps.dc.gov for camp locations.

Sample Daily Schedule

10 am	Sign-In / Breakfast
10:30 am	Circle Time
11 am	Games/ Small group activity
12 noon	Lunch / Choice Time
1 pm	Arts and Crafts
2 pm	Sports and Fitness
3 pm	Dismissal

Tennis Program @ REC Camp

Campers in our REC Camp will receive tennis instruction twice per week for 1.5 hours per day. Each child will be a part of a specialized program that will encourage growth of their tennis game. The tennis program will include training in warm up and cool down skills, stretching, feeding drills, live ball drills, competitive play, and tennis specific games. The program will also include Quick Start, an exciting play format for learning tennis, designed to bring kids into the game by utilizing specialized equipment, shorter court dimensions and modified scoring, all tailored to age and size.

Please send the following items with your child on tennis days:

- Towel
- Wrist Bands
- Head Bands/Hat
- Change of Clothes (shirt, shorts or skirt, socks, undergarments)
- Sunscreen

Field Trips

The REC Camps take weekly field trips. Trips will vary by site. *Field trips may include:*

- The National Zoo
- The Museum of Natural History
- Regal Movie Theaters
- Bowling
- Roller Skating

Some trips may require a fee and/or transportation costs. The camp staff will notify you in advance if this is the case. A signed permission slip is required for each field trip.

What to Bring

- Backpack with a complete change of clothing (everything should be clearly marked with the child's name.)
- Hat/visor
- Meals/snacks (special dietary restrictions)

What to Wear:

- Comfortable and light colored clothing
- Athletic Tennis shoes/closed toe shoes
- Light jacket or sweatshirt

SOUTHEAST TENNIS AND LEARNING CENTER TENNIS CAMP (ages 8 – 18)

Curriculum

The Southeast Tennis and Learning Center (SETLC) Tennis Camp offers tennis instructions, competitive play and fun for junior players of all levels and ages. Players will train together on a daily basis and each child will be a part of a program specialized to their playing level - beginner, intermediate, advanced and high performance. The curriculum is based on small group instruction, technical expertise, tennis drills and video analysis. The camp includes Quick Start - an exciting play format for learning tennis, designed to bring kids into the game by utilizing specialized equipment, shorter court dimensions and modified scoring, all tailored to age and size.

Sample Daily Schedule

8 am	Before Care & Breakfast
9 am	Trail Run
9:15 am	Daily Orientation
9:45 am	Transition to Tennis Courts
10 am	Tennis Drills on Tennis Courts
11 am	Rest and Water Break
11:15 am	Live Ball Drills and Games on Tennis Courts
12 noon	Lunch
1 pm	Trail Run
1:15 pm	Transition to Computer Lab, Free Reading, Team Building and SETUP Tennis
1:30 pm	Computer Lab, Free Reading, Mental Toughness, Tennis Quizzes
2:30 pm	Competitive Games and Match Play - Singles and Doubles
4 pm	Free Tennis Play and Organized Activities
5 pm	End of the day

Field Trips

Students will attend the Legg Mason Tennis Classic and Washington Kastles Tennis Matches, as well as other DPR scheduled field trips. Camp staff will provide you with more information regarding field trips.

Items to Bring

- Extra racquet(s)
- Towel
- Wrist Bands
- Head Bands/Hat
- First Aid Items (band aids, wrapping tape, etc.)
- Change of Clothes (shirt, shorts or skirt, socks, undergarments)
- Tissue
- Sunscreen
- Snack (granola bars, fruit, etc. No junk food - chips, pop tarts, gum, etc.)
- Water – enough for an entire match or practice (water jug, Gatorade/Powerade)
- Note Cards for playing tips
- Journal and Pen
- Grips, Strings, Jump Rope and Strength Band
- Book, Tennis Magazine
- Flip Flops

SPORTS CAMPS (ages 8-13)

Curriculum

Sport Camps will be aligned to DPR's mantra of "Move, Grow, Be Green." Each day participants will participate in a variety of activities that will encourage and support movement, personal growth, and environmental stewardship. Participants will be taught basic to advanced sport-specific skills.

Camp Locations

Please visit summercamps.dc.gov for camp locations.

Types of Camps

- Boxing
- Camp Cheer (Cheerleading)
- Camp Goal! (Soccer)
- Camp Score! (Multi-Sport)
- Nothing But Net! (Basketball)
- Softball

Sample Daily Schedule

9 am	Breakfast
10 am	Greeting/Morning Meeting/Character Education - Introduce "*Concept of the Day*"
10:45 am	Core Sport (i.e. *Cheer, Soccer, Multi-sport, etc.*)
12 noon	Lunch
1 pm	Character Education activity (film clip + discussion)
1:45 pm	Core Sport
2:45 pm	Break
3 pm	D.E.A.R. (Drop Everything And Read)
3:45 pm	Core Sport
4:45 pm	Wrap-up/Dismissal

Tennis Program @ Camp Score!

Children at Camp Score! will receive tennis instruction twice per week for 1.5 hours per day. Each child will be a part of a specialized program that will encourage growth of their tennis game. The tennis program will include training in warm up and cool down skills, stretching, feeding drills, live ball drills, competitive play, and tennis specific games. The program will also include Quick Start, an exciting play format for learning tennis, designed to bring kids into the game by utilizing specialized equipment, shorter court dimensions and modified scoring, all tailored to age and size.

Please send the following items with your child on tennis days:

- Towel
- Wrist Bands
- Head Bands/Hat (**** No bandana's allowed)**
- Change of Clothes (shirt, shorts or skirt, socks, etc.)
- Sunscreen

Continued - SPORTS CAMPS (ages 8-13)

Field Trips
Each session will include at least one field trip and at least one trip to the swimming pool. The dates of these trips will be distributed by DPR camp staff on the first day of the camp session. Parents will be asked to sign one permission slip at the start of each camp session. All scheduled field trips for that entire camp session will be listed on the permission slip. By signing the permission slip, you are allowing your child to participate in all field trips for that entire camp session.

Field trips may include:

- Rock Creek Park
- AMF Bowling
- Air and Space Museum
- DPR Camp Field Day

Some camp sites will plan additional field trips that may or may not require a fee. Camp staff will give you more information about these trips.

Items to Bring (optional)
We encourage you to send the following items to camp with your child: (All items should be labeled with your child's name.)

- **Books** (optional)—Each day your child will have the opportunity to read or to be read to. Please send along any books you would like your child to read this summer. Many camps will be taking walking field trips to their local libraries to get books as well.
- **Sun-Block—**Weather permitting, your child will spend a good portion of his/her day outside playing games and participating in other camp activities.
- **Reusable Water Bottle**
- **Afternoon Snack**—Please see the guidelines on page 5.
- **Extra set of clothes**
- **Swimsuit and Towel** (on swim days)

Please send your child to camp in sneakers every day.

THERAPEUTIC RECREATION CAMPS (various ages)

All children with special needs must be assessed by a Recreation Therapist. In addition to the assessment, the child's Individual Education Plan (IEP) must be supplied.

Camp Adventure (@ TR Center & Rosedale Rec. Ctr.) (ages 6 - 16)
Camp Adventure is a summer camp program designed for children with and without disabilities. The program offers a variety of experiences that include swimming, arts and crafts, group games, flat water tubing, ice skating, trips to theme parks and so much more. ***An assessment is required.***

Camp Funward Bound (@ TR Center - Day Care Building) (ages 21 & up)
Camp Funward Bound is the summer camp experience for adults with special needs. Enjoy a variety of activities that include shopping, fishing, arts and crafts, swimming, tennis and a luncheon cruise on the Spirit of Washington. ***An assessment is required.***

Let's Play Together (@ Various Sites) (ages 6 – 10)
Let's Play Together is the summer camp experience for children with special needs, ages 6-10, enrolled in DPR Discovery Camp programs at Fort Stevens, Sherwood, and Turkey Thicket. With the assistance of an Inclusion Camp Counselor, children with special needs will have the opportunity to become mainstreamed into an urban camping experience with other children, in an inclusive setting. All campers will experience a variety of fun-filled activities including swimming, theme parks visit, arts and craft, basketball, trips and so much more. ***An assessment is required.***

Let's Play Together: Little Explorers (@ TR Center) (ages 3 – 5)
Let's Play Together: Little Explorers is the summer camp experience for children with special needs, ages 3-5. With the assistance of an Inclusion Camp Counselor, children with special needs, will have the opportunity to become mainstreamed into an urban camping experience with other children, in an inclusive setting. All campers will experience a variety of fun-filled activities including swimming, theme parks visit, arts and craft, basketball, trips and so much more. ***An assessment is required.***

Camp Locations
Please visit summercamps.dc.gov for camp locations.

Items to Bring
- Backpack with a complete change of clothing (everything should be clearly marked with the child's name.)
- Blanket for Rest & Relaxation
- Bottle of Water
- Swimsuit and towel
- Sunscreen

Continued - THERAPEUTIC RECREATION CAMPS (various ages)

What to Wear:

- Comfortable and light colored clothing
- Closed toe shoes
- Light jacket or sweatshirt

Sample Daily Schedule

9 am	Breakfast/FreePlay
10 am	Harambee/Morning Circle
10:30 am	Structured Activities Group A, B & C
12 noon	Lunch /Free Play
1 pm	Rest & Relaxation/Quiet Time
2 pm	Structured Activity A, B & C
4 pm	Snack Time/Free Play
4:30 pm	Closing Circle
5 pm	End of the Day

TWEENS CAMP (ages 11 – 13)

Curriculum

Tweens Camp provides a hands-on fun and educationally enriching experience - filled with reading, city-wide exploration, arts and crafts, sports, and games. Tweens will be tasked with learning more about themselves, their families, and their community. Campers will participate in a number of group activities and projects.

Camp Locations

Please visit summercamps.dc.gov for camp locations.

Sample Daily Schedule

9 am	Arrival/Breakfast
9:30 am	Morning Meeting
10:15 am	Did you know?
12 noon	D.E.A.R. (Drop Everything and Read)
12:30 pm	Taking Care
1 pm	Lunch
2 pm	Recreation and Fitness
3 pm	Social Action, Art, or Science
4:30 pm	Closing Circle

Tennis Program @ Tween Camp

Tween campers will receive tennis instruction twice per week for 1.5 hours per day. Each camper will be a part of a specialized program that will encourage growth of their tennis game. The tennis program will include training in warm up and cool down skills, stretching, feeding drills, live ball drills, competitive play, and tennis specific games. The program will also include Quick Start, an exciting play format for learning tennis, designed to bring kids into the game by utilizing specialized equipment, shorter court dimensions and modified scoring, all tailored to age and size. Please send the following items with your child on tennis days:

- Towel
- Wrist Bands
- Head Bands/Hat (** **Bandanas are not allowed)**
- Change of Clothes (shirt, shorts or skirt, socks, etc.)
- Sunscreen

Field Trips

Each session will include at least one field trip and at least one trip to the swimming pool. Field trip dates will be distributed by DPR camp staff on the first day of the camp session. Parents will be asked to sign one permission slip at the start of each camp session. All scheduled field trips for that entire camp session will be listed on the permission slip. By signing the permission slip, you are allowing your child to participate in all field trips for that entire camp session.

Field trips may include:

- Rock Creek Park
- AMC Bowling
- Air and Space Museum
- DPR Camp Field Day

Some camp sites will plan additional field trips that may or may not require a fee. Camp staff will give you more information about these trips.

VERANO SPANISH CAMP (ages 3 – 5)

Curriculum

Verano Spanish Camp is a terrific way for campers to develop and reinforce Spanish language skills through music, stories, arts and crafts, and theatre. Led by a dynamic and creative staff, campers spend each day exploring – from one activity to the next – an experience that not only teaches, but also allows for lots of fun.

Camp Locations

Please visit summercamps.dc.gov for camp locations.

Sample Daily Schedule

9 am	Llegamos al Campamento (Arrive at Camp)
	Breakfast/Bathroom Break
10 am	!Soy un Artista! Journey into creative world of Latin American art.
11 am	!Soy un Deportista! Learn brand new games from all across Latin America
12 noon	Almuerzo recreo (Lunch & Free Time)
1 pm	!Soy un Explorador! We will explore the country's resources, ecology & customs
2 pm	!Soy un Chef! We learn to create incredible edibles from Latin America
3 pm	Tiempo Recreativo Afuera (Outside Camp Games)
3:30 pm	Cool Down, Clean Up and Head Out, La profesora checks you out. Hasta Mañana!

Field Trips

Each session will include at least one field trip and at least one trip to the swimming pool. Field trip dates will be distributed by DPR camp staff on the first day of the camp session. Parents will be asked to sign one permission slip at the start of each camp session. All scheduled field trips for that entire camp session will be listed on the permission slip. By signing the permission slip, you are allowing your child to participate in all field trips for that entire camp session.

Field trips may include:

- Bowling
- Smithsonian Museum
- National Zoo

Important Items

Please send the following items to camp with your child:

- Sun Block – the participants will spend time each day outside on the playground.
- Extra set of clothes
- Small Blanket (3-5 year olds will take a short nap each day)
- Swimsuit and towel (on swim days)

For Camp Locations, please visit summercamps.dc.gov.

For more information on DPR Summer Camps, contact the Summer Camps office at (202) 671-0372 or dpr.camps@dc.gov.

Notes

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