



Athletic Programs Administration

DC SUNDAY MEN'S FAST PITCH LEAGUE Rules and Regulations

The District of Columbia Department of Parks and Recreation sponsor this league as a recreational opportunity to enhance fitness and fun. We hope that all teams will follow our philosophy of friendly competition in a recreational setting. You can be competitive and courteous at the same time. Respect your opponents and the officials.

*The league will be governed by the **ASA Official Rules of Softball**, with the following **Exceptions**:*

Eligibility and Rosters

No player under 16 years of age will be allowed to participate.

Each team may carry a maximum of twenty (20) players on their roster.

All players must be registered with the DPR APA Office. Players may be added to the roster at any time. However, **June 15** is the final deadline for adding any new players to team roster.

All players on the roster must appear at least 3 times in the lineup during regular season to be eligible for playoffs.

Once a player signs the roster with a team, he must be released by his/her manager, prior to playing on another team. After the player is released, they can sign with another team after sitting out one league game.

Managers who have lost players during the season through injury, and such player cannot continue to play in the league, may petition the League Coordinator to obtain permission to replace the injured player. Proof of the above may be required with petition.

G. Teams using ineligible players will result in a forfeiture of all games in which ineligible players played. A player may not be listed on more than one team roster within the same league.

H. If there is an eligibility protest, the umpire will note the protest of the player and continue the game. The Parks & Recreation Department will decide on the protest.

Game Procedures, Grace and Forfeits

A. Each team must be in uniforms and caps of the team colors. Shoe soles may be smooth or with, soft or hard rubber cleats. Molded shoes are recommended.

B. **Game balls:** Balls that will be used are **Dudley SB 12LND-FP 12 green**. Only ASA approved official softball bats may be used. Facemask and chest protector is recommended for the catcher. **Teams are responsible their equipment, which includes a set of heavy duty vinyl bases.**

C. Each team captain is required to complete the umpire scorecard prior to the game and make all further substitution. The umpire will maintain this official scorecard. A check at the end of each half-inning will be made to see that scores correspond.

D. League and playoffs games have a two (2) hour limit. League game times are 1:30pm,

3:30pm and 5:30pm. **No new inning will start if time has expired.** If the "home" team is at bat when time expires and is also ahead in the score, the game is ended.

- E. If the game is tied at the end of the time limit or the end of the seventh inning, whichever comes first, the **INTERNATIONAL TIE BREAKER** rule will be used for **ONE EXTRA INNING**. If the score remains tied at the end of one extra inning, the game will be recorded as a tie.
- F. The game will be called if a team is ahead by the following runs:
 - 15-run after 3 innings**
 - 8-run after 5 innings**
- G. There will be a fifteen (**15**) minute grace period on the **first** game, no grace period on the second or third game.
- H. All batters and base runners **must wear batting helmets**.
- I. Any team that forfeits two games will be suspended from the league. There will be no refunds for teams suspended from the league.
- J. Rain-out and make-up games will be played on Saturdays.

Ground Rules

- A. No alcoholic beverages in the dugout or play area are allowed.
- B. Smoking is not permitted on the field or in the coach's box.
- C. Coaches on 1st and 3rd are not to carry any items on the field of play (i.e., no scorebooks, balls, gloves, bats, etc.).
- D. The dugout area will be limited to 20 players, 4 coaches, and one batboy. Please keep all fans out of the dugout. **NO EXCEPTIONS**
- E. The League Coordinator has the option to move games from one field to another in case of rain or other unforeseen reasons.

Important Reminders

A. Player and Team Conduct

1. **Unsportsmanlike Conduct:** This league is sponsored by the District of Columbia Department of Parks and Recreation for the recreation value of the participant involved. Teams must adhere to this philosophy. Any player, team or manager who displays any form of **unsportsmanlike conduct**, a flagrant rule violation, vulgar language, engaging in fighting, obviously attempting to injure anyone, or threatening or purposely touching an official or umpire, may be suspended from league play at Parks and Recreation discretion. In addition, the team or individual(s) will be placed on probation if they continue in the league. A second incident may result in the suspension of the entire team. Any player or coach who assaults or strikes a game official will be barred from all Parks and Recreation activities for a period of not less than six months. The umpires and officials of the league have the power to eject any player, coach or team from the league for especially flagrant rule violations. Fees will not be

refunded. Any person(s) ejected from the game shall leave the field immediately. Failure to do so will warrant a forfeiture of the game. The coach or manager shall be

responsible for actions by his players and for informing them of all rules.

2. The use of alcohol, explosives, firecrackers, firearms, or weapons on District of Columbia property is prohibited by the District of Columbia Municipal Regulations and the District of Columbia Code.

3 Any individual (player or spectator) found to be in possession of any alcoholic while on DC Government property will result in the forfeiture of the game. Any following infractions will result in the forfeiture of the entire season.

4. Neither the District of Columbia Government or the DC Parks and Recreation will assume responsibility for claims of personal injury or damage to public or private property arising from playing in the DPR Adult Leagues.

5. **A disciplinary packet** will be given to each manager, it must be signed and dated by each team member, manager/coach and **submitted to the APA Office**. This packet will be enforced.

Other

- A. **Inclement Weather:** Games will be called by the Athletic Supervisor, plate umpire or field maintenance man at or prior to game time. Coaches and players should call the DC Parks and Recreation Weather Line Number, 202-671-0314 after 4:30 PM if they are not sure if games are going to be played on weekdays and an hour and half before game time on Sunday. A recorded message will answer at that number if games have been cancelled. You can also go to www.dpr.dc.gov. Cancelled games will be made up at the Athletic Supervisor's discretion. Team coaches can reschedule rainout games and the APA office will provide a site and umpires.
- B. **Game Scores:** The winning Team Manager is responsible for reporting the official score to the League Supervisor by email to: luna.harrison@dc.gov – by 12:00 Noon on the day following the game. Please do this consistently so your League Standings can be kept up to date!